



University of Regina Press
Spring 2018



What a week!

100 Days of Cree was recommended in *The New York Times*, *The Globe and Mail* ran a two-page spread on **Mudeater**, and **Firewater** nabbed the #3 spot on CBC's 150 picks for Canada's anniversary.

We also launched a podcast series called **How Books Happen**, which lifts the veil on our often-romanticized industry. To meet the high standards set by our publishing program, we have hired veteran CBC producer Sean Prpik to give us a hand. Two episodes are already posted, and we will produce ten more throughout the year. They are available from our new website and through podcast-hosting services like iTunes and Spotify.

In the latest episode, I chat with Michael Langan, the founder of Colonialism Skateboards, who grew up in Cote First Nation in Treaty 4. Michael explains how *Clearing the Plains* inspired him to start his company, and reveals what he thinks about Canada and our collective history. It's a powerful interview. I also talk with publishers at the London Book Fair and at a meeting for the Association of Canadian Publishers in Toronto. I ask them what they are reading, what they are working on, and how they got into publishing.

In a "Podcast extra," I have a conversation with educator Sarah Longman about why she brought *The Education of Augie Merasty* into the school system. She shares how the book gave her greater insight into the effects residential schooling had on her own family and offers a heartbreaking clue as to why Augie Merasty took so long to write his memoir.

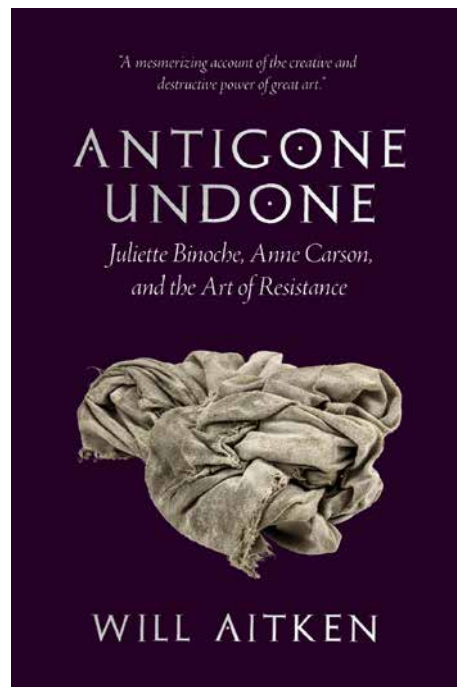
This spring we also launched the **Henry and Mary Bibb Black Canadian Studies series**, with Afua Cooper as its editor. This is the first Black Studies series coming from a Canadian university press. To bolster the program and create a home for black writers, we have begun a trade list that explores "Africa and its Diaspora." Whitney French is editing a collection called **Black Writing Matters** that takes the pulse of contemporary Black Canada, while an analysis of Black Lives Matter by the activists themselves is in the works. We have books in development by refugees from the Sudan and Somalia, as well as a memoir by a survivor of the Congolese war.

We honour our motto—"a voice for many peoples"—with our editorial choices and hiring decisions. Tune into **How Books Happen** to hear how those voices resonate, and for the inside scoop on publishing. Over the course of the program we will also reveal how to publish a national bestseller. We've had six so far and hope our approach can act as a model for other independent Canadian publishers.

Enjoy the season,



Bruce Walsh, Publisher



PROVISIONAL COVER

Antigone Undone

Juliette Binoche, Anne Carson, and the Art of Resistance

by Will Aitken

Antigone Undone offers an urgent and mesmerizing account of the creative and destructive power of great art.

In 2015 Will Aitken journeyed to Luxembourg for the rehearsals and premiere of Anne Carson's translation of Sophocles' 5th-century BCE tragedy *Antigone*, starring Juliette Binoche and directed by theatrical sensation Ivo van Hove.

In repeatedly watching the play, he became awestruck with the plight of the young woman at the centre of the action. "Look at what these men are doing to me," Antigone cries, expressing the predicament of the dispossessed throughout time. Transfixed by the strange and uncanny power of the play, he finds himself haunted by its protagonist, finally resulting in his own suicidal breakdown.

\$24.95 CDN / \$19.95 USD
print 9780889775213
pdf 9780889775220
epub 9780889775237

4.25 × 6.5 / 240 pages / cloth
January 2018

Series: The Regina Collection

Categories: Memoir, Performing Arts

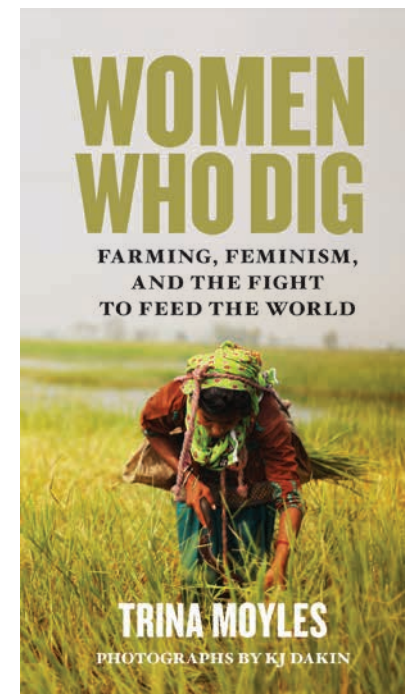


9 780889 775213

With a backstage view of the action, Aitken illuminates the creative process of Carson, Binoche, and Van Hove and offers a rare glimpse into collaborative genius in action. He also investigates the response to the play by Kierkegaard, Virginia Woolf, Judith Butler, and others who, like him, were moved by its timeless protest against injustice.

Will Aitken has written three novels—*Realia*, *A Visit Home*, and *Terre Haute*—as well as *Death in Venice: A Queer Film Classic*. He lives in Montreal, Quebec.

Named as a tribute to Saskatchewan's capital city and its rich history of boldness and innovation, **The Regina Collection** builds upon our motto of "a voice for many peoples." *Antigone Undone* is the eighth title in the series.



\$34.95 CDN / \$29.95 USD
print 9780889775275
pdf 9780889775282
epub 9780889775299

5.5 × 9.5 / 300 pages / paper
52 colour photos
March 2018

Categories: Gardening, Women's Studies, Photojournalism



9 780889 775275

Women Who Dig

Farming, Feminism, and the Fight to Feed the World

by Trina Moyles, with photographs by K.J. Dakin

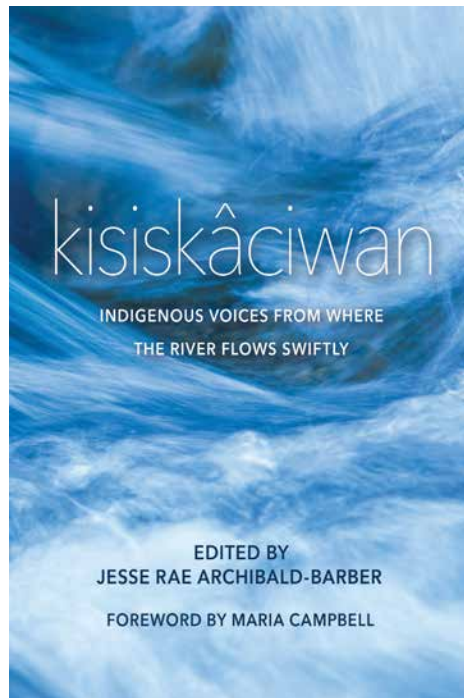
Weaving together the narratives of female farmers from across three continents, *Women Who Dig* offers a critical look at how women are responding to and increasingly rising up against the injustices of the global food system.

Beautifully written with spectacular photos, it examines gender roles, access to land, domestic violence, maternal health, political and economic marginalization, and a rapidly changing climate. It also shows the power of collective action.

With women from Guatemala, Nicaragua, the United States, Canada, Uganda, the Democratic Republic of Congo, India, and Cuba included, this book explores the ways women are responding, both individually and collectively, to the barriers they face in providing the world a healthy diet.

Trina Moyles is a freelance writer, journalist, photographer, human rights activist, and community organizer. Her fiction and poetry have been published in many literary journals, and her journalism in many magazines and websites. She lives in Peace River, Alberta.

K.J. Dakin is a photojournalist and writer. Her work has taken her to various locales, including Nicaragua, Bosnia, and South Africa.



\$39.95 CDN / \$29.95 USD
print 9780889775428
pdf 9780889775435
epub 9780889775442

6 × 9 / 300 pages / paper
May 2018

Categories: Literary
Collections, Indigenous



kisiskâciwan

Indigenous Voices from Where the River Flows Swiftly

edited by Jesse Rae Archibald-Barber
foreword by Maria Campbell

A groundbreaking anthology from territory that is now known as Saskatchewan, *kisiskâciwan* contains rich, oral narratives from Cree, Saulteaux, Nakoda, Dakota, Dene, Gros Ventres, and Métis cultures; speeches and letters by Treaty Chiefs; stories from Elders; archival discoveries; and exciting, contemporary literary works in all genres.

Historically and culturally comprehensive, the anthology includes Big Bear, Thunderchild, Louis Riel, Gabriel Dumont, Edward Ahenakew, Maria Campbell, Buffy Sainte-Marie, Rita Bouvier, Harold Johnson, Gregory Scofield, Warren Cariou, Louise Halfe, Neal McLeod, Dawn Dumont, Erica Lee, and many more authors, thinkers, and leaders.

Jesse Rae Archibald-Barber is an associate professor of Indigenous literatures at the First Nations University of Canada. He lives in Regina, Saskatchewan.



\$18.95 CDN / \$14.95 USD
print 9780889775244
pdf 9780889775251
epub 9780889775268

5 × 8.25 / 144 pages / paper
March 2018

Series: Writers on Writing

Categories: Writing Skills,
Literary Criticism



Sleuth

Gail Bowen on Writing Mysteries

by Gail Bowen

A smart, practical, and often funny guide for those who aspire to write mysteries, *Sleuth* reveals the secrets of the genre by a bestselling and award-winning author.

Gail Bowen shows how to map out a plot, plant page-turning clues, develop fully rounded characters, and create a crime scene. She also looks at the power of story to communicate truths about the human condition.

Digging into the works of Agatha Christie, Ruth Rendell, Ian Rankin, Louise Penny, and a score of others, Bowen explores how the best mystery writers keep readers up at night.

Praise for Gail Bowen:

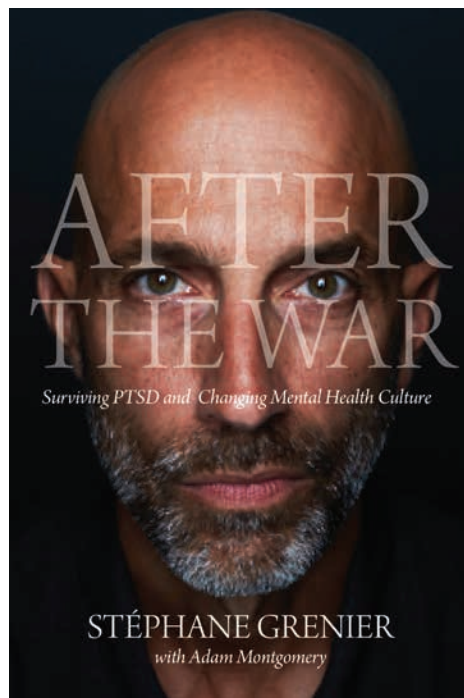
"A master of ramping up suspense."
Ottawa Citizen

"Bowen has a hard eye for the way human ambition can take advantage of human gullibility." *Publishers Weekly*

"I love this series... Bowen does it all with panache." *Margaret Cannon, Globe and Mail*

A retired Associate Professor of English at First Nations University of Canada, **Gail Bowen** is the author of twenty-five books—including the Joanne Kilbourn mystery series—and numerous plays and short stories. She and her husband Ted live in Regina, Saskatchewan.

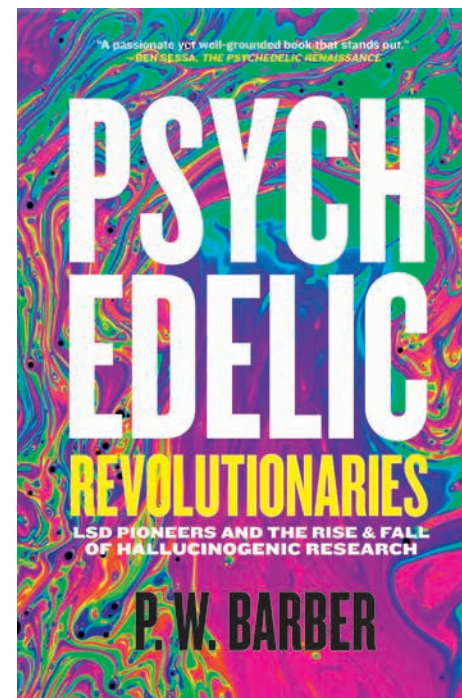
Books in our new **Writers on Writing** series provide budding authors with insights on writing in various genres, from different perspectives. *Sleuth* is the first title in the series.



\$27.95 CDN / \$21.95 USD
print 9780889775336
pdf 9780889775343
epub 9780889775350

6 × 9 / 275 pages / paper
20 black and white photos
February 2018

Categories: Military, Memoir, Mental Health



\$34.95 CDN / \$27.95 USD
print 9780889774209
pdf 9780889774216
epub 9780889774223

6 × 9 / 384 pages / paper
16 black and white photos, 1 table, 3 illustrations
January 2018

Categories: History, Psychology, Psychiatry



After the War

Surviving PTSD and Changing Mental Health Culture

by Stéphane Grenier, with Adam Montgomery

After serving in Rwanda during the 1994 genocide and civil war, Lieutenant Colonel Stéphane Grenier returned to Canada haunted by his experiences. Facing post-traumatic stress disorder and an archaic establishment, he spent ten years confronting—and changing—the military mental health system from within.

Coining the term “Operational Stress Injury” to allow the military to see mental injury in the same light as a physical wound, Grenier founded the Operational Stress Injury Social Support program that provides help for mentally injured soldiers and veterans.

Since retiring from the military in 2012, his groundbreaking approach has been adopted by civilian society. Working with the Mental Health Commission of Canada, he founded Mental Health Innovations, a social enterprise which delivers Grenier's direct “walk the talk” method to improve mental well-being in government and business.

Stéphane Grenier is a veteran of the Canadian Military who retired as a Lieutenant Colonel. The recipient of a Meritorious Service Cross by the Governor General, he was recently awarded an honorary Doctor of Laws by the University of Guelph. He lives in Val-des-Monts, Québec.

Adam Montgomery, PhD, is an historian of medicine and military history and the author of *The Invisible Injured*. He lives in Grimsby, Ontario.

Psychedelic Revolutionaries

LSD Pioneers and the Rise & Fall of Hallucinogenic Research

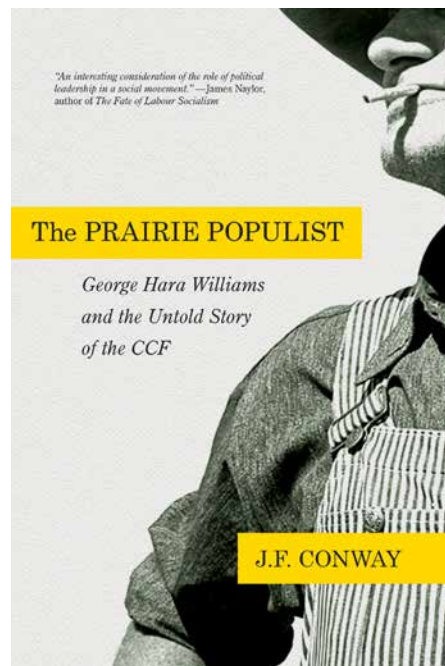
by P.W. Barber

Psychedelic *Revolutionaries* recounts the history of hallucinogenic-drug research in Saskatchewan, and the pioneering work of Humphry Osmond, Abram Hoffer, and Duncan Blewett. They broke new ground in the 1950s and '60s in the use of hallucinogens, like mescaline and LSD, and the development of treatments for alcoholism and schizophrenia—until Timothy Leary hit the scene and undermined everything with his public pronouncements.

Delving into the experiments, the researchers, as well as connections to notables like Aldous Huxley, Linus Pauling, and Alcoholics Anonymous Co-Founder Bill W, *Psychedelic Revolutionaries* examines popularly held myths surrounding the drugs. It shows how the Saskatchewan research made extensive contributions to this scientific field and led to radical innovations in mental health, many of which have applications and relevance today.

“An excellent book. Barber debunks some of the myths and misunderstandings surrounding the work of Osmond, Hoffer, and Blewett, and carefully explores the science behind the headlines.” Ben Sessa, author of *The Psychedelic Renaissance*

P.W. Barber has an M.A. in History and has spent the better part of a decade researching, pondering, and writing on the history of hallucinogenic science in Saskatchewan, the birthplace of the term “psychedelic.” He lives in Buena Vista, Saskatchewan.



\$34.95 CDN / \$29.95 USD
 print 9780889775459
 pdf 9780889775466
 epub 9780889775473

6 x 9 / 352 pages / paper
April 2018

Categories: Political Biography, History



The Prairie Populist

George Hara Williams and the Untold Story of the CCF

by J.F. Conway

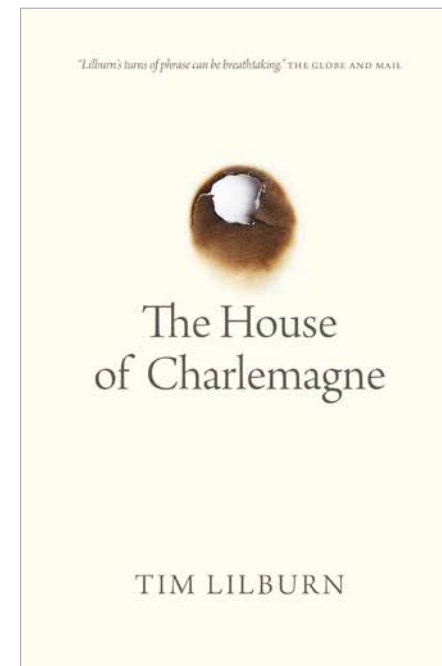
"An interesting consideration of the role of political leadership in a social movement." James Naylor, author of *The Fate of Labour Socialism*

George Hara Williams was the most successful of the early leaders of the CCF in Saskatchewan. But his role in the party was undermined by Tommy Douglas and M. J. Coldwell, and now he is largely forgotten.

The populist who mobilized farmers of the province to support a socialist platform, Williams was one of five MLAs elected in the 1934 election, becoming Leader of the Opposition. He firmly supported socialists participating in the struggle against fascism, including military action, a position not held by everyone in the party. While Williams was serving overseas, a campaign to replace him as leader, led by Coldwell and Douglas, was successful.

Until now, the full story of Williams's role in building the CCF and bringing it to the threshold of power, and his defeat as leader, has never been told.

J.F. Conway is a professor of sociology at the University of Regina and the author of *The Rise of the New West*. He has published extensively on agrarian populism and the emergence of the CCF in Saskatchewan and the Social Credit movement in Alberta. He lives in Regina, Saskatchewan.



\$19.95 CDN / \$16.95 USD
 print 9780889775305
 pdf 9780889775312
 epub 9780889775329

5.5 x 8.5 / 50 pages / paper
March 2018

Series: Oskana Poetry & Poetics

Categories: Poetry, Indigenous Studies



House of Charlemagne

by Tim Lilburn

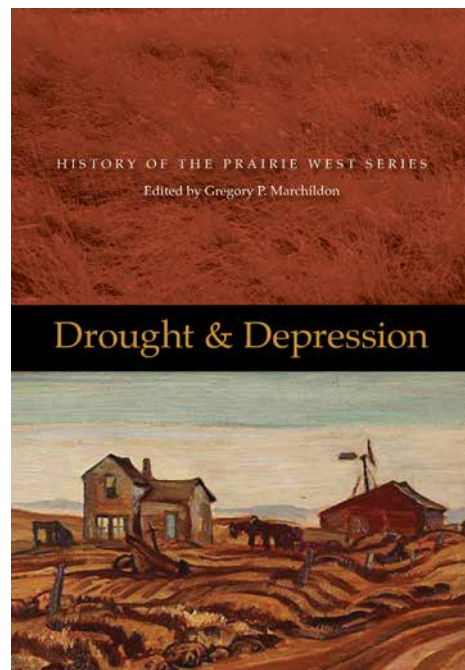
"For decades, poet Tim Lilburn has ... thrilled readers with the jagged aggression that spikes his ecstatic visions. ... His turns of phrase can be breathtaking." *The Globe and Mail*

Louis Riel prophesied that a polyglot Métis nation would rise on the prairies five hundred years after his death, and that it would be called by the "joyous name" of the House of Charlemagne. This new polity would be built on the principles of Riel's *Massinahican*, a radical philosophical system which now survives only in fragments. Its hallmarks would be justice and the blurring of all separations dividing women and men, the earth and human beings. *The House of Charlemagne* tracks the birth of this ideal nation in the burning imagination of the young settler Henry Jackson, who took the name Honoré Jaxon after his encounter with Riel's thought.

Commissioned by Edward Poitras as a text for dancers, Tim Lilburn's poem gives voice and body to Riel's visionary metaphysics. As the Jury citation said of the Governor General's Award-winning *Kill-Site*, "Lilburn's work is richly figurative, but firmly rooted in colloquial speech. He is not only a virtuoso at the linguistic level, taking risks with metaphor and line, but also steeped in a metaphysics of place."

Tim Lilburn is a Governor General Award-winning poet and an essayist, and the author of ten books of poetry, including *Assiniboia* and *The Names* and the essay collection *Living In the World As If It Were Home*. He lives in Victoria, British Columbia.

The House of Charlemagne is the fifth book in the **Oskana Poetry & Poetics** series, edited by Jan Zwicky.



PROVISIONAL COVER

Drought and Depression

History of the Prairie West, Volume 6

edited by Gregory P. Marchildon

The Great Depression of the 1930s often recalls images of the drought-stricken Great Plains. Prolonged drought exacerbated the economic effects of the Great Depression to such a degree that the prairies became the epicentre of the disaster in Canada. Between 1929 and 1932, per capita incomes fell by 49% in Manitoba, 61% in Alberta and an astounding 72% in Saskatchewan. The result was enormous social and political upheaval that sent shockwaves through the rest of the country.

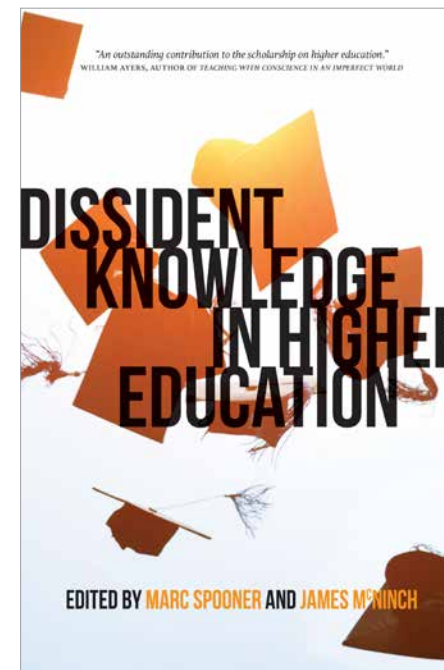
In this sixth volume of the History of the Prairie West series, contributors explore the cultural, political, and economic repercussions of climate change and financial upheaval on the region and its people.

The History of the Prairie West Series brings together the very best articles previously published in the scholarly journal *Prairie Forum*. *Drought & Depression* is the sixth book in this series.

\$34.95 CDN / \$29.95 USD
print 9780889775398
pdf 9780889775404
epub 9780889775411

6 × 9 / 352 pages / paper
16 black and white photos, 6 tables,
2 figures, 20 maps
May 2018

Series: History of the Prairie West
Categories: History, Environment



PROVISIONAL COVER

Dissident Knowledge in Higher Education

edited by Marc Spooner and James McNinch

In *Dissident Knowledge in Higher Education*, “the vision of the university as a site of intellectual freedom, moral reflection, courage, and ethical action is both urgent and built on traditions of resistance and models of possibility.”
William Ayers, author of *Teaching with Conscience in an Imperfect World*

Hheavy hitters from the academy weigh in on neoliberal disruptions to higher education—from tuition fee increases to colonization to corporatization to audit culture—and their consequences.

Contributors:

- Marie Battiste
- Noam Chomsky
- Norman K. Denzin
- Michelle Fine
- Rosalind Gill
- Sandy Grande
- Budd Hall
- Patti Lather
- Zeus Leonardo
- Yvonna S. Lincoln
- Peter McLaren
- James McNinch
- Christopher Meyers
- Linda Tuhiwai Smith
- Marc Spooner
- Eve Tuck
- Joel Westheimer

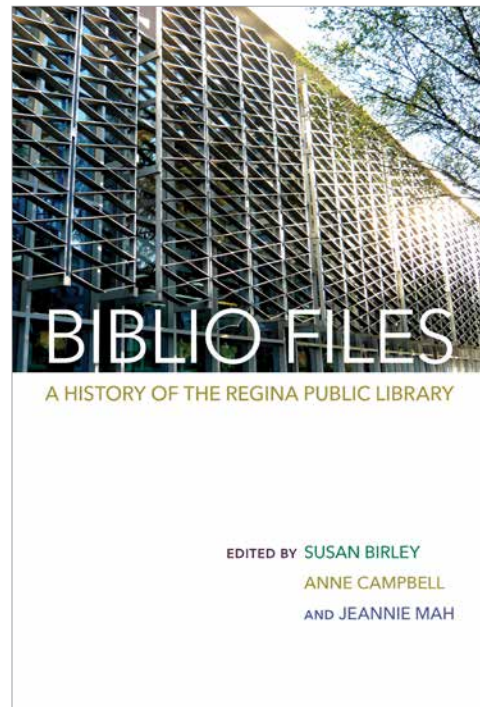
\$34.95 CDN / \$29.95 USD
print 9780889775367
Open Access pdf 9780889775374
epub 9780889775381

6 × 9 / 352 pages / paper
May 2018

Categories: Higher Education,
Social Science



9 780889 775367



\$39.95 CDN / \$29.95 USD
print 9780889774827
pdf 9780889774834
epub 9780889774841

6.25" x 9.25" / 300 pages / paper
35 black & white photos
September 2017

Categories: History, Regional



Biblio Files

A History of the Regina Public Library

edited by Susan Birley, Anne Campbell, and Jeannie Mah

For over 100 years, the Regina Public Library has served its community with innovative programming, but the full story of this venerable institution has never been told—until now.

From the efforts of its first librarian, who ensured immigrants could access books in their own languages, to the present day as an active community hub, the library has been responsible for many groundbreaking Canadian firsts.

The Regina Public Library implemented the country's first fully automated library system, established the first writer-in-residence program, pioneered English as a Second Language classes, hosted Indigenous storytelling circles, and was instrumental in developing a single, one-card system for all of Saskatchewan.

With contributions from community members, *Biblio Files* covers the library's entire history and demonstrates why it is such a beloved and necessary institution.

Susan Birley is a founding member of the Friends of the Regina Public Library.

Anne Campbell is an author of poetry, fiction, and non-fiction, and was a co-editor of *Regina's Secret Spaces*.

Jeannie Mah is a ceramic artist and co-editor of *Regina's Secret Spaces*.

All of the editors live in Regina, Saskatchewan.

LISTEN



How Books Happen

A podcast from University of Regina Press

How Books Happen, U of R Press's new podcast series, delves into the joys and challenges of book publishing.

Subscribe now and hear from authors, readers, and publishers from across the country and around the world.

Available on Soundcloud, iTunes, Google Play, Tune In, Pocket Casts, Stitcher, and from **uofrpress.ca**.





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Leadership and Influencing Change in Nursing

Edited by Dr. Joan Wagner,
Associate Professor of Nursing,
University of Regina

Open Access pdf 9780889775480
Release date: June 2018

Customized for Canadian students, *Leadership and Influencing Change in Nursing* introduces students to the most current nursing leadership theories and practices. This textbook provides access to influential research articles, videos, practitioner advice, and an abundance of problem-based discussion questions and essential learning activities to enrich the student experience.

Courses: Nursing (3rd and 4th year)

Personal Finance

Adapted by Dr. Bettina Schneider,
Assistant Professor, First
Nations University of Canada

Open Access pdf 9780889775497
Release date: June 2018

Uniquely tailored to Indigenous students' experiences and histories, *Personal Finance* covers a wide range of topics in financial planning, personal finance, and financial decision-making. Threaded throughout with Indigenous and Canadian content, this text also includes video podcasts with Elders, who offer students their perspectives to enhance the learning experience.

Courses: Undergraduate Business (1st and 2nd year)

Cree: Language of the Plains

Written by Dr. Jean Okimâsis

Open Access pdf 9780889775503
Release date: June 2018

Cree: Language of the Plains is a comprehensive educational resource, offering a broad range of learning materials that is easily accessible to Cree language learners. This collection includes an updated and redesigned textbook, audio labs, and a workbook.

Courses: Cree language, all levels

the book of ayâs

Written by Neal McLeod

Release date: October 2017
Open Access audio book (available on uofrpress.ca)

Described by Louise Halfe as "rich with the language of Cree and recovery," *the book of ayâs* is a long-form poem written in Cree and English that examines multi-generational trauma caused by the Residential School experience. Scheduled for release in the fall of 2017, our Open Access audio book will enhance Cree language acquisition and deepen understandings of the poem.

Courses: Undergraduate and graduate English, Cree language, Indigenous Studies

Dissident Knowledge in Higher Education

eds. Marc Spooner and
James McNinch

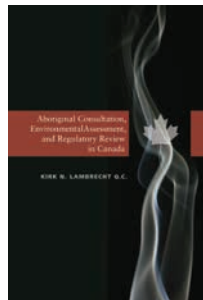
Open Access pdf 9780889775374
Release date: May 2018

This collection includes some of the leading authorities in the field, including Marie Battiste, Noam Chomsky, Yvonna S. Lincoln, and Linda Tuhiwai Smith. It is geared towards courses that focus on methodology, colonialism, Indigenous research and knowledge, and theories of education.

Courses: Undergraduate and graduate Education, Sociology

Digestions Series

Nature >>



Aboriginal Consultation, Environmental Assessment, and Regulatory Review in Canada

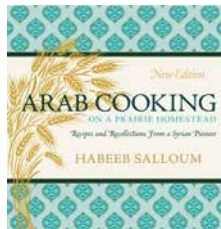
by Kirk N. Lambrecht Q.C.

\$34.95 CDN / USD

paper 9780889772984

208 pp. / 2013

ebook also available



Arab Cooking on a Prairie Homestead

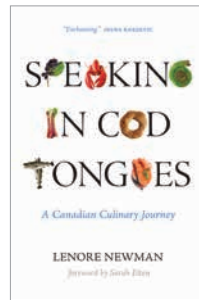
Recipes and Recollections from a Syrian Pioneer
NEW EDITION

by Habeeb Salloum,
foreword by Sarah Carter

34.95 CDN / 29.95 USD

paper 9780889775183

376 pp. / 2017



Speaking in Cod Tongues

A Canadian Culinary Journey

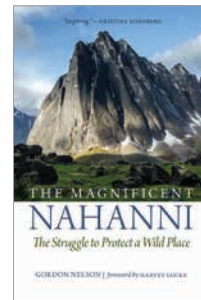
by Lenore Newman, foreword by Sarah Elton

\$29.95 CDN / \$24.95 USD

paper 9780889774599

288 pp. / 2017

ebook also available



The Magnificent Nahanni

The Struggle to Protect a Wild Place

by Gordon Nelson, foreword by Harvey Locke

\$34.95 CDN / \$27.95 USD

paper 9780889774605

304 pp. / 2017

ebook also available

The Regina Collection >>



Otto & Daria

A Wartime Journey Through No Man's Land

by Eric Koch

\$25.95 CDN / \$21.95 USD

cloth 9780889774438

288 pp. / 2016

ebook also available



Inside The Mental

Silence, Stigma, Psychiatry, and LSD

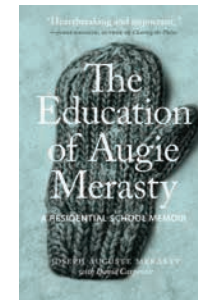
by Kay Parley

\$24.95 CDN / \$19.95 USD

cloth 9780889774117

200 pp. / 2016

ebook also available



The Education of Augie Merasty

A Residential School Memoir

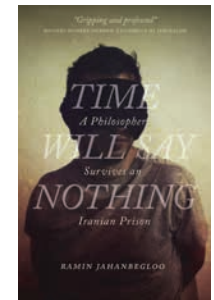
by Joseph A. Merasty
with David Carpenter

\$21.95 CDN / \$19.95 USD

cloth 9780889773684

120 pp. / 2015

ebook also available



Time Will Say Nothing

A Philosopher Survives an Iranian Prison

by Ramin Jahanbegloo

\$27.95 CDN / \$24.95 USD

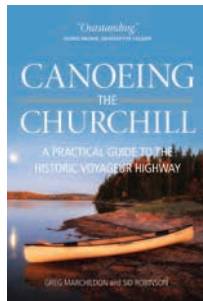
cloth 9780889773028

255 pp. / 2014

ebook also available

The Regina Collection >>

Biography/ Memoir



Canoeing the Churchill

A Practical Guide to the Historic Voyageur Highway

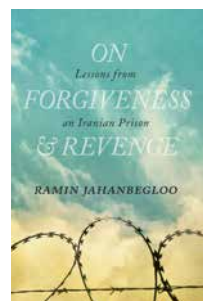
by Gregory P. Marchildon
and Sid Robinson

\$34.95 CDN / USD

paper 9780889771482

512 pp. / 2015

ebook also available



On Forgiveness and Revenge

Lessons from an Iranian Prison

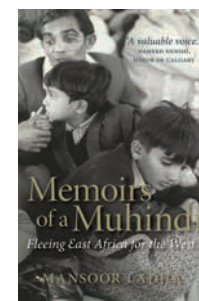
by Ramin Jahanbegloo

\$25.95 CDN / 19.95 USD

cloth 9780889775008

250 pp. / 2017

ebook also available



Memoirs of a Muhindi

Fleeing East Africa for the West

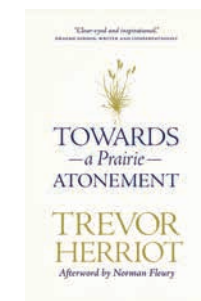
by Mansoor Ladha

\$25.95 CDN / \$21.95 USD

cloth 9780889774742

288 pp. / 2017

ebook also available



Towards a Prairie Atonement

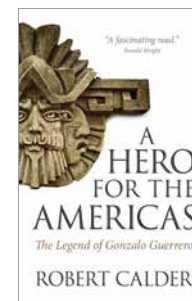
by Trevor Herriot, afterword by Norman Fleury

\$22.95 CDN / \$17.95 USD

cloth 9780889774544

160 pp. / 2016

ebook also available



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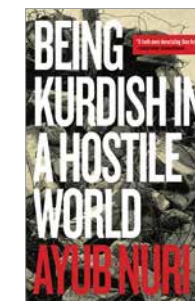
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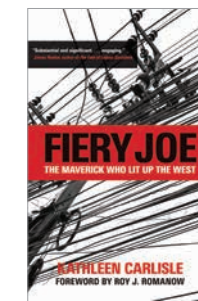
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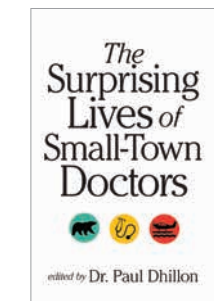
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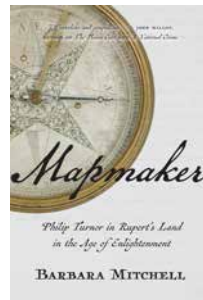
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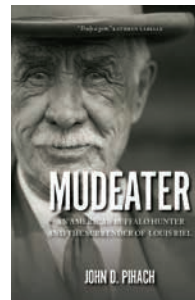
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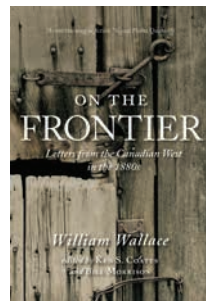


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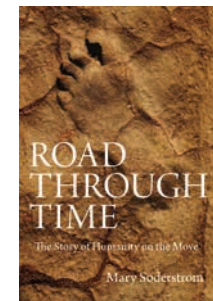
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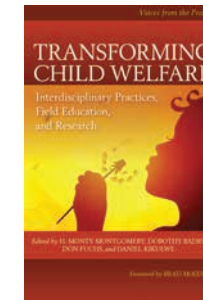
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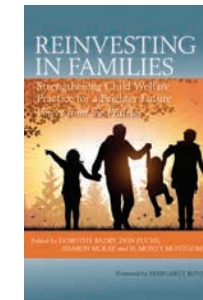
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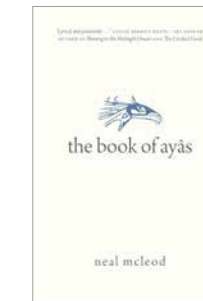
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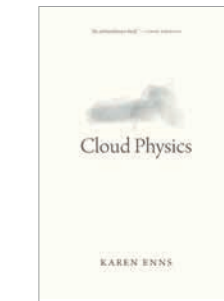
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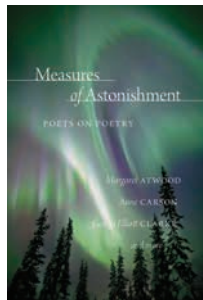
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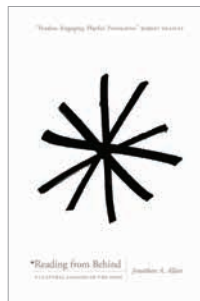
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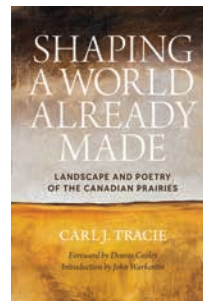
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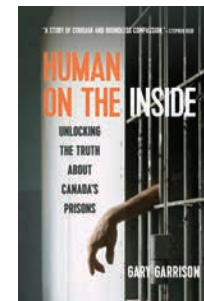
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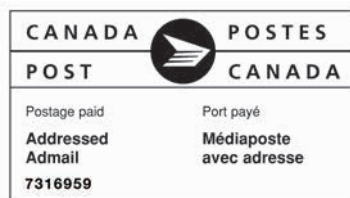
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